

## **ACTIVITY REPORT**

**1. Name of the Organising Cell: Women's Cell and Awareness Cell of Health and Hygiene**

**2. Name of the Event Conducted: An awareness Programme on "Health and Hygiene for her"**

**3. Name of the Collaborating Organisation: Lions Club of Guwahati, Kamrupa**

**4. Mode: Offline**

**5. Date of the Event: 06/03/2024**

**6. Time: 10:30 A.M.**

**7. Place: Digital Conference Hall II, K.C.Das Commerce College**

**8. Objectives of the Event:**

**a) An awareness programme to mark International Women's Day**

**b) To educate students on the importance of health and hygiene.**

**9. Name of Resource person:**

**Dr. Sweta Bhansali Jain**

**MD. OBS Gynae, Marwari Hospital, Guwahati**

**10. Title of the Topic(s) delivered by the Resource person: "Health and Hygiene for Her"**

**11. Total No. of Participants:**

**a. Students: 58**

**b. Teachers: 25**

**c. Others: 11 (members of collaborating organisation)**

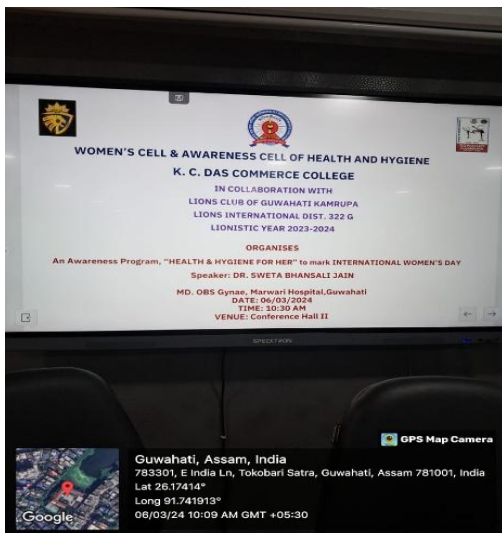
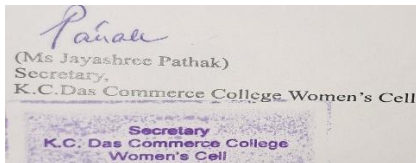
**12. Total No. of Beneficiaries (in case of extension activities):**

**13. Outcome of the Event:**

**The awareness programme encouraged students to be aware of their health and hygiene needs and also adopting healthy habits and creating a healthy campus environment. Important topics like anaemia and its prevention, common menstrual problems and its hygiene, cervical cancer, HPV vaccine etc. Tips were also shared**

regarding changes in present lifestyle into a healthy one. The speech also helped students to understand the link between personal hygiene, sanitation and overall health, highlighting the importance of good habits like handwashing, regular bathing and proper waste disposal. Adopting healthy habits can have a positive impact on student's long-term health and well-being, reducing the risk of chronic diseases and improving their quality of life.

**Signature of the Secretary:**



1) Dr. Hrishikesh Barua, Principal  
 2) Dr. Bhababhuti Sarma, Vice Principal  
 3) Lt. Col. Navaree Goyal, President, Lion Club of Guwahati Kamrupa  
 4) Lt. Col. Shaamila Apurva, Member, Chairman, Lion Club of Guwahati Kamrupa  
 5) Dr. Swati Bhavsali Jain, Obstetrician & Gynecologist, Marwari Hospital  
 6) Dr. Malaneni Dutta, President, Women's Cell  
 7) Ms. Jayashree Barua, Secretary, Women's Cell  
 8) Dr. Chandra Das  
 9) Chinnaji Das  
 10) Purnima Singh  
 11) Dr. Swapna Sutoni Mahanta  
 12) Archana Bora  
 13) Pallavi Sahal  
 14) Dr. Chandana Prabha Barua

Sl. No.	Name	Roll No.	Signature
1	Dr. Hrishikesh Barua		
2	Dr. Bhababhuti Sarma		
3	Lt. Col. Navaree Goyal		
4	Lt. Col. Shaamila Apurva		
5	Dr. Swati Bhavsali Jain		
6	Dr. Malaneni Dutta		
7	Ms. Jayashree Barua		
8	Dr. Chandra Das		
9	Chinnaji Das		
10	Purnima Singh		
11	Dr. Swapna Sutoni Mahanta		
12	Archana Bora		
13	Pallavi Sahal		
14	Dr. Chandana Prabha Barua		

27	Bhargyoti Dasgupta (B.Com 6 <sup>th</sup> Sem)	9364750253	Karigiri
28	Dr. Anjali Ramchandani (B.Com 6 <sup>th</sup> Sem)	603723444	Changituli
29	Dr. Harshita Jaisankar (B.Com 6 <sup>th</sup> Sem)	8724927027	Mishra
30	Sandhya Bandyopadhyay (B.Com 6 <sup>th</sup> Sem)	995700469	Changituli
31	Sabina Khanam (B.Com 6 <sup>th</sup> Sem)	7876326546	Saha
32	Pransha Pradhan (B.Com 6 <sup>th</sup> Sem)	9707194863	Changituli
33	Himangshu Panbar (B.Com 6 <sup>th</sup> Sem)	7637852027	Changituli
34	Harshita Das (B.Com 6 <sup>th</sup> Sem)	8322165078	Das
35	Neeloy G. Mann (B.Com 6 <sup>th</sup> Sem)	8148336797	Das
36	Priyanka Hussain Choudhury (B.Com 6 <sup>th</sup> Sem)	9365714810	Choudhury
37	Susmita Chakrabarty (B.Com 6 <sup>th</sup> Sem)	7636944470	Choudhury
38	Susmita Talukdar (B.Com 6 <sup>th</sup> Sem)	7002316934	Susmita
39	Charanjit Kapora (B.Com 6 <sup>th</sup> Sem)	8749973272	Chopra
40	Shikha Saha (B.Com 6 <sup>th</sup> Sem)	8322010816	Shikha Saha
41	Apriya Poddar (B.Com 6 <sup>th</sup> Sem)	5876086430	Choudhury
42	Arushi Kundu (BBA 2 <sup>nd</sup> Sem)	6001942002	Choudhury
43	Arushi Jain (BBA 2 <sup>nd</sup> Sem)	600311315	Talukdar
44	Kumkum Sharma (BBA 2 <sup>nd</sup> Sem)	8822421420	Kumkum Sharma
45	Rani Singh (BBA 2 <sup>nd</sup> Sem)	6003791302	Rani Singh
46	Bhavya Daimary (BBA 2 <sup>nd</sup> Sem)	7086146666	Bhavya Daimary
47	Rishi Debbarma (BBA 2 <sup>nd</sup> Sem)	708639800	Rishi Debbarma
48	Arushi Das (BBA 2 <sup>nd</sup> Sem)	8322356749	Arushi Das
49	Arushi Das (BBA 2 <sup>nd</sup> Sem)	9341736588	Arushi Das
50	Bidisha Meher (BBA 2 <sup>nd</sup> Sem)	9397401552	Bidisha Meher
51	Apurva Das (BBA 2 <sup>nd</sup> Sem)	9956869933	Apurva Das
52	Kaustubh Gupta (BBA 2 <sup>nd</sup> Sem)	7664854215	Apurva Das

53	Sadhana Baruah (B.Com 4 <sup>th</sup> Sem)	9707124736	SB
54	Vanshika Sharma (B.Com 4 <sup>th</sup> Sem)	8861441884	Sharma
55	Arushi Das (B.Com 4 <sup>th</sup> Sem)	9864075916	Sharma
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